



CAPE COD SPORTS MEDICINE INC.

ORTHOPEDIC SURGEON

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EXCELLENT ORTHOPEDIC COMPUTER WEBSITES

OUR WEBSITE: <http://ccsportsmed.com>

The official website of Cape Cod Sports Medicine Inc. Great information specific to the practice at this site, plus links to all the others.

MEDICAL MULTIMEDIA GROUP: <http://www.sechrest.com/mmg/reflib>

An informative site with excellent animated graphics, even animated surgery! Covers defining the problem, explaining the anatomy, describing treatment options, demonstrating surgery and post-operative recovery. Covers:

- Artificial Joint Replacements
- Common Knee Problems
- Common Shoulder Problems
- Common Foot Problems
- Common Back Problems

Cumulative Trauma Disorders: (Carpal Tunnel Syndrome, Impingement, Tennis Elbow etc...)

Some of these movement files are pretty big, so you'll have to be patient. It is well worth the wait!

AMERICAN ACADEMY OF ORTHOPEDIC SURGERY: <http://orthoinfo.aaos.org/>

This website contains patient information on a large variety of topics. Pictures and explanations are excellent. Post-operative rehab is included. This is the national organization to which all board certified orthopedic surgeons belong. Their alternate site is <http://www.aaos.org/>

ORTHOSEARCH: <http://www.orthosearch.com>

A search engine devoted to exclusively searching out orthopedic related websites. You can enter your problem here (such as: Tennis Elbow) and then get a list of all orthopedic websites that discuss this problem. This is good for comparative research information.

AMERICAN ORTHOPAEDIC SOCIETY FOR SPORTS MEDICINE: <http://www.sportsmed.org>

Excellent site for sports articles. Can enter a search term such as Shoulder Impingement and it will guide you to patient education articles. Or you can select "publications & products" from the Home Page, select the "patient education materials" at the top of the page, then select "sports Tips".